

Seasonal info for infant swimming and Vesipeuhu for 1–4-year-old

Swimming is a hobby for the whole family, which teaches customised swimming exercises to a child through play.

Communication between the instructor and the families is very important and we hope that the parents are active in their participation in the common games/exercises and ask questions freely, if they have something on their mind.

Vesipeuhu sessions take place in the multi-purpose pool, and one session lasts 30 minutes.

Each child is guided personally in accordance to their development level. The sessions progress on the child's terms (there is no rush). The most important parts are the family's interactions and joy of playing in the water. You will have access to a warm pool and different pieces of equipment, and an instructor will be there to talk to the families and give some tips about playing in water. The instructor will guide the parents, who, in turn, will guide their own child. The 30 minutes also includes playtime at the beginning of the session, guided by the instructor. Vesipeuhu is intended for 1 to 4-year-old children. If the child turns five (5) in the middle of the season (autumn or spring season), the family can finish that season.

Swimming participation fee 11,50€ per session (with 1 child) or 14,00€ (with 2 children) + the parents' entrance fee to the swimming hall. The sessions are invoiced based on the reserved place(s) and the invoice will be sent to your home at the end of the season. The length of a autumn season is 14 sessions and spring season 13 sessions. The group's participation fee includes a maximum of two adults. If you only have one child with you, you do not necessarily need a partner.

Individual, missed sessions will not be deducted from the invoice and they will not be compensated for. You cannot reuse missed sessions later and you may not change the group's time. The invoicing period will continue until the reserved spot is cancelled by email via vauvauinti.liikuntapalvelut@jarvenpaa.fi (do not cancel the course by contacting the instructor, by SMS or by notifying the hall's cash registry). Cancellations must be done by 6 pm on the previous wednesday.

You will receive an email confirmation about the cancellation.

The spring season 2025 will automatically end on 11.-13. April 2025 if the place has not been cancelled before that.

Please note that your place in queue is season-specific.

Autumn break during week 42, spring break during week 8,

Other sessions will be held, unless otherwise stated.

The last swimming session of the autumn season will be held on 13 th ,7th and 8th December 2024.

Spring season starts on week 2.

The last swimming session of the spring season will be held on11 th-13 th April 2025



Rules of taking photographs with your own camera during the swimming sessions:

- The owner of the camera is liable for the device
- No photography during the playtimes at the beginning and end of the sessions
- Taking photographs should not disturb other participants or the instructor's work
- The photos must not show other families than those taking part in the group
- The photos must be taken with a wall as a background
- You should only take as many photos as you need, after the playtime at the beginning of the class.

Come into the dressing facilities well before the session is about to start. Please always keep your own towel between the child and any surfaces in the swimming hall. You should bring with you a large towel for the child for them to wear on their way to the pool or back to the shower facilities. Please arrive to the multi-purpose pool right on time.

- You can bring your own buoyancy toys to the pool, but they must be carefully cleaned beforehand. Please note
 that buoyancy toys and aids can normally only be used in the pool intended for children, young people and
 teaching purposes.
- Both the parents and children need to wash themselves <u>carefully</u> before swimming. Hair must be washed or swimming cap used. This ensures that the water stays clean for the children.
- If you or the child is ill/has a cold, you should avoid swimming so that the bacteria will not spread.
- On weekends, you can reach the Vesipeuhu instructors by contacting on the phone 0403152023. Absences can also be reported by email to vauvauinti.liikuntapalvelut@jarvenpaa.fi

Welcome, enjoy your swim! ©

